

JULY
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Shin-Ei Journal



Never drive drunk!

Driving while intoxicated is a criminal and dangerous act that directly leads to a serious accident. If a driver is arrested for driving while intoxicated, he will be severely punished as per the table below. In addition, if the driver is caught driving while intoxicated, the penalty for the car owner is "up to 5 years imprisonment or a fine of up to 1 million yen" stipulated by the Highway Traffic Law. In other words, the car owner will be subject to the same penalties as a driver who was driving drunk. Passengers and alcoholic beverage providers will also be punished with imprisonment of up to 3 years or a fine of up to 500,000 yen. Even a small amount of alcohol can impair brain function. You may not be able to turn a bend that you normally pass smoothly or ignore the traffic lights and collide with an oncoming vehicle. Please, if you drink, don't drive!

Type	Situation	Penalties	Punctuation	Consequence
Shukiobi Unten	When operating with an alcohol concentration of 0.15 mg or more in 1 liter of exhaled breath	Imprisonment for up to 3 years or a fine of up to 500,000 yen	13 or 25 points	Card suspension for 90 days or revocation (for 2 years)
Sakeyoi Unten	State in which it is not possible to drive normally due to alcohol consumption. The amount of alcohol consumed is irrelevant.	Imprisonment for up to 5 years or a fine of up to 1 million yen	35 points	License revocation (for 3 years)

Be Careful of Getting Heat Stroke!!

We are having hot days recently. During this time of the year, we hear a lot about heat stroke on the news. Symptoms of heat stroke are hard to notice, so it can be fatal. Follow the instructions below to prevent getting it.

- 1. Maintain Health:** When you have a slight cold or didn't have good sleep, refrain from going outside and exercise, especially during hot daytime.
- 2. Dress Appropriately:** Wear comfortable and breathable clothes and put on a hat outside.
- 3. Stay Hydrated:** When you feel thirsty, your body has lost a lot of water already. Drink water regularly. Also, you lose salt in your sweat, so taking salt or isotonic drink is highly recommended.
- 4. Age:** Children and elderly people can get heat stroke easily. Take preventive actions.

If you get heat stroke...

- Move to the cool shade of trees or inside of a room
- Loosen the clothes and rest
- Cool your body
- Get hydrated (isotonic drink is good for salt intake)

August holiday notice

The office will be closed from 13 (Sat) to 21 August (Sun) due to summer holidays. Companies will be closed during this period. You might want to travel, but the corona is not over yet. Avoid going out unnecessarily and practice infection prevention measures. In addition, you can improve your immunity by maintaining a regular lifestyle, even during consecutive holidays. Be sure to manage your physical condition so that you can get back to work well after the holiday.

Other Shin-Ei services

- 053-472-6099 Shin-Ei Sogo Service (Jobs info)
- 053-476-5955 Shin-Ei Hoikuen (Day care)
- 053-472-6070 SINCERO (Tokio Marine Agency)
- 053-488-7007 FUTURO (Dept of support for social integration)