

# SHIN-EI Journal

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## Words of the Month

Use kind and thoughtful words.

Management Department

## Long-Term Care Insurance System

People aged 40 or over are insured by long-term care insurance. Japan is aging so rapidly, and aging population is getting a serious problem. Long-term care insurance system was established to support the aging population. Insurance benefits are provided when insured persons enter a state requiring "long-term care" or "support." Insured persons are categorized into 2 groups as below.

	Applicable Persons	Premiums
Category 1	Persons aged 60 over	Collected by municipalities. There are 2 payment methods. 1) Special collection: If you receive pension ¥180,000 or more annually, insurance premiums are deducted from the pension. 2) Ordinary collection: Other people pay insurance premiums through a financial institution.
Category 2	Persons aged 40 to 64 who are insured by health care insurance	Collected with premiums for health care insurance by health care insurers.

## Vehicle Troubles on the Highway

If you have an accident or breakdown on the highway, take the following steps.

- Turn on hazard lights and pull over to the shoulder. If you are in the tunnel or on the bridge, drive to the open space.
- Have other passengers evacuate from the car (other side of traffic barrier is better to avoid hit by other vehicles), and place warning reflectors 50m away from your vehicle.
- Use your cell phone or emergency phone located every 1km on the highway to call for help.

If you have to stop your vehicle on the highway, it's mandatory to place reflectors or flares. Make sure your vehicle has them.



## Annual Health Checks

We are having annual health checks in the morning of October 14<sup>th</sup>, 21<sup>st</sup>, 28<sup>th</sup> 2017 at our office. This health check is required by Japanese law. We strongly encourage you to come. Various tests can detect symptomless diseases in their early stages. We are going to distribute details along with medical interview sheet in a few weeks.

