

# SHIN-EI Journal

Issued by Shin-Ei Sogo Service  
<http://www.shinei-net.jp>  
No.183 July, 2017

## Words of the Month

Opportunity is given to those who are ready.

General Affairs Dept.

## Health Insurance Card

It takes 10 to 14 days to get the health insurance card issued. If you go to the doctor without the card, you have to pay full medical expense on the day. At the later day, bring the card and receipt to the same hospital. You will get reimbursement. However, after the certain period, you can't do that at the hospital. You have to apply for it. Ask our staffs for more details.

Please note that you can't use the health insurance card after you leave the company. You can use it until the last day at the company. But, after that, the full amount of medical bill goes to you. If you decide to leave the company, return the health insurance card to your company without delay. Similarly, when a dependent gets job and joins health insurance at the company, they are no longer able to use the card given from you. Dependent can use it until the day before they start working. Don't go to the doctor with the invalid health insurance card.



## Double Riding on a Bicycle

Bicycle-rider training program started from June 2017, and police recently gets more strict on violations of bicycle rules. One of common violations is double riding on a bicycle. In principal, the riding capacity of bicycle is only 1 person, bicycle driver. However, double riding with child is allowed under the following conditions.



1. Driver is over 16 years old.
2. Bicycle has a child seat.
3. Child is under 6 years old.

There is no specific guidance for child seat position or required fixtures. As long as child seat doesn't interfere with riding, it should be ok. It is required to make reasonable efforts to get a child wear a helmet, but there is no penalty for violation. However, for safety, children on a bicycle should wear a helmet at all time.

## Lake Hamana Clean-Up Activity

We joined "Lake Hamana Clean-Up Activity" on June 4th (Sunday). From the distance, there seemed to be no trash. But, once you stepped into the lakeshore, there were a lot of trash like cans, plastic bags and cigarette ends. It's good experience to join such an activity and contribute to the local community. We hope to do more!

